THE SUN INN ULVERSTON FOOD MENU

STARTERS & NIBBLES

SOUP OF THE DAY £6.00 SERVED WITH WARM SOURDOUGH

SALT & PEPPER SQUID £7.50 WITH SWEET CHILLI DIP

BUFFALO CHICKEN WINGS £7.50

BAKED CREAMY GARLIC MUSHROOMS (V) £6.95 ON TOASTED SOURDOUGH

HALLOUMI FRIES (V) £7.50
WITH SWEET CHILLI DIP

MAC & CHEESE BITES (V) £7.50
WITH CHIPOTLE DIPPING SAUCE

GARLIC FLAT BREAD (V) £6.95

GARLIC FLAT BREAD WITH MOZZARELLA (V)£7.95

SOUTHERN FRIED CHICKEN TENDERS

COATED IN YOUR CHOICE OF SAUCE:

BBQ & MOZZARELLA £7.95

CHIPOTLE SAUCE & MOZZERELLA £7.95

MAIN COURSES

SCAMPI AND CHIPS £14.95

SERVED WITH TRIPLE COOKED CHIPS, GARDEN
PEAS & TARTARE SAUCE

CREAMY CAJUN CHICKEN £14.95
CHICKEN BREAST SERVED IN A CREAMY CAJUN
SAUCE WITH RICE, CHIPS OR HALF & HALF

STEAK AND ALE PIE £17.95
SHORTCRUST PASTRY PIE, WITH HOMEMADE
CHIPS AND MUSHY PEAS

CHEDDAR & ONION PIE (V) £15.95
SHORTCRUST PASTRY PIE, HOMEMADE TRIPLE
COOKED CHIPS AND MUSHY PEAS

CAJUN CHICKEN TAGLIATELLE £14.95
TAGLIATELLE PASTA WITH PEPPERS, ONIONS,
AND HOUSE CAJUN CREAM SAUCE

CHICKEN PARMO £15.95
BREADED CHICKEN, BECHAMEL SAUCE, MELTED
CHEESE

UPGRADE TO HOTSHOT PARMO £2.50 LOADED WITH FRESH CHILLI, PEPPERONI, RED ONION & CHILLI FLAKES

MEDITERRANEAN VEGETABLE TARTE (VE) ± 14.50 WITH SKIN ON FRIES AND DRESSED SALAD

BUTTERMILK CHICKEN WAFFLES £14.50
CHICKEN COATED IN OUR OWN RECIEPE
BUTTERMILK SEASONING, SERVED ON HOT
WAFFLES WITH MAPLE SYRUP, WITH CORN ON
THE COB AND CURLY FRIES

PLEASE INFORM YOUR SERVER OF ANY SPECIAL
DIETARY REQUIREMENTS OR FOOD ALLERGIES. WHILST
EVERY EFFORT IS MADE TO ADHERE TO ALL DIETARY
NEEDS, OUR DISHES ARE PREPARED IN AREAS WHERE
ALLERGENS ARE PRESENT SO WE CANNOT GUARANTEE
THAT OUR DISHES ARE 100% FREE OF THESE
INGREDIENTS

SMASH BURGERS

OUR BEEF BURGERS ARE SERVED WITH 2 SMASH PATTIES MADE IN HOUSE WITH DRY AGED NATIVE BREED BEEF, SERVED WITH BABY GEM LETTUCE, ONIONS, AND TOMATO IN OUR ICONIC CRYSTAL BUN WITH A SIDE OF SEASONED FRIES

THE ORIGINAL SMASH £14.95

DRY AGED NATIVE BREED BEEF PATTIES, AMERICAN CHEESE, GHERKINS, BURGER SAUCE

THE AMERCIAN £15.95

DRY AGED NATIVE BREED BEEF PATTIES, AMERICAN CHEESE, PEPPERONI, WAFFLE FRIES, CHIPOTLE HOT SAUCE

THE PIG £15.95

DRY AGED NATIVE BREED BEEF PATTIES, AMERICAN CHEESE, PULLED PORK, SMOKEY BBQ
SAUCE & BACON MAYO

THE CHEESE RONI £15.95

DRY AGED NATIVE BREED BEEF PATTIES, STREAKY BACON, CARAMELISED ONION, MAC & CHEESE, SWEET BURGER RELISH

THE FRAZZLE £15.95

DRY AGED NATIVE BREED BEEF PATTIES, STREAKY BACON, AMERICAN CHEESE, FRAZZLES,

JALAPENOS, HOUSE BURGER SAUCE

CHICKEN BURGERS

OUR CHICKEN BURGERS ARE COATED IN CHEFS OWN RECIPE BUTTERMILK WITH SERVED WITH BABY GEM LETTUCE, ONIONS, AND TOMATO IN OUR ICONIC CRYSTAL BUN WITH A SIDE OF SEASONED FRIES

THE YANK CHICKEN £14.95

BUTTERMILK CHICKEN BURGER, HASH BROWN, AMERICAN CHEESE, HOUSE SLAW, MAYONNAISE

THE CHIPOTLE CHICKEN £15.95

BUTTERMILK CHICKEN BURGER, STREAKY BACON, AMERICAN CHEESE, JALAPENOS, CHIPOTLE SAUCE

THE JERKY £15.95

JERK SEASONED BUTTERMILK CHICKEN BURGER, PINEAPPLE, FRESH CHILLI, AMERICAN
CHEESE, CARIBBEAN JERK SAUCE

VEGGIE

THE PLANT £14.95 (VE)

FALAFEL BURGER WITH CARAMELISED ONIONS, VEGAN MAYO, JALAPENOS AND SALAD SERVED
IN A CRYSTAL BUN



ALL SERVED ON SOURDOUGH FLATBREADS

RUSTIC CLASSIC (V) £11.95
CLASSIC MARGHERITA

THE HOT SHOT£12.95

HAM, PEPPERONI, SPICY CHICKEN, MOZZARELLA, FRESH CHILLI

THE AMERICAN £12.95

DOUBLE PEPPERONI AND MOZZARELLA

GARDEN CLUB PIZZA (V) £11.95
RED ONION, PEPPER AND MUSHROOM

SIDES

SEASONED FRIES £4.00
TRIPLE COOKED CHIPS £4.00

CUDI V EDIEC CA EO

CURLY FRIES £4.50

WAFFLE FRIES £4.50

SALT AND PEPPER TRIPLE COOKED CHIPS £5.50

DRESSED SALAD £3.50

LOADED FRIES £5.50

CHOOSE FROM THE BELOW

HOUSE CAJUN SAUCE WITH MELTED MOZZARELLA
BBQ SAUCE AND MELTED MOZZERELLA

MELTED MOZZERELLA, GARLIC MAYO AND SPRING ONION MELTED MOZZARELLA WITH CHIPOTLE AND JALAPENOS

SOMETHING FOR LUNCH

SERVED 12 - 2:30PM

ALL BAGUETTES SERVED WITH SKIN ON FRIES & MIXED SALAD

COLD BAGUETTES

HAM & TOMATO £9.95

CHEDDAR & CARAMELISED RED ONION £9.50

CHICKEN CLUB £9.50
CHICKEN, TOMATO, LETTUCE & MAYONNAISE

BAGUETTES

CREAMY CAJUN CHICKEN £9.95

HAM & CHEESE MELT £9.95

SOUTHERN FRIED CHICKEN £9.95
WITH BBQ SAUCE & MELTED MOZZERELLA

FALAFEL £9.95 (VE)

WITH PEPPERS & VEGAN MAYO

ADD A CUP OF SOUP TO ANY BAGUETTE FOR £2.50

DESSERTS

£**7.95**

£6.95

LOADED Waffles

HOT BELGIUM STYLE WAFFLES SERVED WITH VANILLA ICE CREAM AND YOUR CHOICE OF TOPPING:

ORIGINAL MAPLE SYRUP KINDER BUENO HONEYCOMB CRUNCH BISCOFF

MILK CHOCOLATE CARAMEL

ADITIONAI Desserts STICKY TOFFE PUDDING £6.95 SERVED WITH ICE CREAM

WARM CHOCOLATE FUDGE
BROWNIE GF £6.95
SERVED WITH CHOCOLATE SAUCE &
ICE CREAM

APPLE CRUMBLE (VE) £6.95
SERVED WITH VANILLA ICE CREAM

ICE CREAM SUNDAE

LOADED SUNDAE WITH YOUR CHOICE OF TOPPINGS:

KINDER BUENO BISCOFF OREO

MILK CHOCOLATE CARAMEL

PLEASE INFORM YOUR SERVER OF ANY SPECIAL DIETARY
REQUIREMENTS OR FOOD ALLERGIES YOU MAY HAVE.
WHILST EVERY EFFORT IS MADE TO ADHERE TO ALL
DIETARY NEEDS, OUR FRESHLY MADE DISHES ARE
PREPARED IN AREAS WHERE ALLERGENIC INGREDIENTS ARE
PRESENT SO WE CANNOT GUARANTEE THAT OUR DISHES
ARE 100% FREE OF THESE INGREDIENTS E.G. NUTS,
SHELLFISH, GLUTEN ETC.