

THE SUN INN
— ULVERSTON —
FOOD MENU

STARTERS & NIBBLES

SOUP OF THE DAY £5.95

SERVED WITH WARM CRUSTY BREAD

SALT & PEPPER KING PRAWNS £8.50

LIGHTLY BATTERED WITH LEMON CHILLI MAYO

CREAMY GARLIC MUSHROOMS (V) £6.95

SERVED WITH WARM CRUSTY BREAD

HALLOUMI FRIES (V) £7.50

WITH CHILLI JAM DIP

GARLIC FLAT BREAD (V) £6.95

GARLIC FLAT BREAD WITH

MOZZARELLA (V) £7.95

SOUTHERN FRIED CHICKEN TENDERS

COATED IN YOUR CHOICE OF SAUCE:

BBQ & MOZZARELLA £7.95

CHIPOTLE SAUCE & MOZZARELLA £7.95

GARLIC MAYO & MOZZARELLA £7.95

NACHOS

ALL SERVED WITH SOUR CREAM, SALSA,
JALAPENOS & MELTED CHEESE

ORIGINAL £6.95 SHARER £9.95

CHILLI BEEF £7.95 SHARER £10.95



CLASSIC MAIN COURSES

SCAMPI AND CHIPS £15.50

SERVED WITH TRIPLE COOKED CHIPS, GARDEN PEAS & TARTARE SAUCE

CREAMY CAJUN CHICKEN £15.95

CHICKEN BREAST SERVED IN A CREAMY CAJUN SAUCE WITH RICE,
CHIPS OR HALF & HALF

STEAK AND ALE PIE £18.50

SHORTCRUST PASTRY PIE, WITH HOMEMADE CHIPS AND
MUSHY PEAS

HUNTERS CHICKEN £15.95

CHICKEN BREAST TOPPED WITH BACON, BBQ SAUCE & MELTED
CHEESE, SERVED WITH FRIES AND CORN ON THE COB

CAJUN CHICKEN TAGLIATELLE £15.95

TAGLIATELLE PASTA WITH PEPPERS, ONIONS AND HOUSE CAJUN
CREAM SAUCE

CHICKEN PARMO £15.95

BREADED CHICKEN, BECHAMEL SAUCE, MELTED CHEESE SERVED
WITH SKIN ON FRIES AND GARLIC SAUCE

UPGRADE TO BEEF CHILLI PARMO £2.50

LOADED CHILLI BEEF, FRESH CHILLI AND EXTRA CHEESE

BEETROOT & SQUASH WELLINGTON £15.95

WITH SKIN ON FRIES AND DRESSED SALAD (VE)

BUTTERMILK CHICKEN WAFFLES £15.50

CHICKEN COATED IN BUTTERMILK SEASONING, HOT WAFFLES WITH
MAPLE SYRUP, CORN ON THE COB & CURLY FRIES

HOMEMADE CURRY OF THE DAY

SERVED WITH RICE, POPPADUM & MANGO CHUTNEY

SEE SPECIALS BOARD FOR TODAY'S CURRY

PLEASE INFORM YOUR SERVER OF ANY SPECIAL DIETARY REQUIREMENTS OR FOOD
ALLERGIES. WHILST EVERY EFFORT IS MADE TO ADHERE TO ALL DIETARY NEEDS, OUR
DISHERS ARE PREPARED IN AREAS WHERE ALLERGENS ARE PRESENT SO WE CANNOT
GUARANTEE THAT OUR DISHERS ARE 100% FREE OF THESE INGREDIENTS

SMASH BURGERS

OUR BEEF BURGERS ARE SERVED WITH 2 SMASH PATTIES MADE IN
HOUSE WITH DRY AGED BEEF, LETTUCE, ONIONS, AND TOMATO IN
OUR ICONIC CRYSTAL BUN WITH SEASONED FRIES

THE ORIGINAL SMASH £14.95

DRY AGED BEEF PATTIES, AMERICAN CHEESE, GHERKINS, BURGER SAUCE

THE FRAZZLE £15.95

DRY AGED BEEF PATTIES, STREAKY BACON, AMERICAN CHEESE,
FRAZZLES, JALAPENOS, HOUSE BURGER SAUCE

THE PIG £15.95

DRY AGED BEEF PATTIES, AMERICAN CHEESE, PULLED PORK, SMOKEY
BBQ SAUCE & BACON MAYO

CHICKEN BURGERS

COATED IN CHEFS OWN RECIPE BUTTERMILK WITH GEM LETTUCE,
ONIONS AND TOMATO IN OUR ICONIC CRYSTAL BUN WITH
SEASONED FRIES

THE YANK CHICKEN £14.95

BUTTERMILK CHICKEN BURGER, HASH BROWN, AMERICAN CHEESE,
GARLIC MAYONNAISE

THE CHIPOTLE CHICKEN £15.95

BUTTERMILK CHICKEN BURGER, STREAKY BACON, AMERICAN CHEESE,
JALAPENOS, CHIPOTLE SAUCE

VEGGIE

THE PLANT £14.95 (VE)

FALAFEL BURGER WITH PEPPERS, VEGAN MAYO, JALAPENOS AND SALAD
SERVED IN A CRYSTAL BUN

BURGER UPGRADES

UPGRADE YOUR FRIES TO ANY OF THE FOLLOWING

CURLY FRIES £3

SALT AND PEPPER CHIPS £4

LOADED FRIES £4

CHOOSE FROM

HOUSE CAJUN, GARLIC OR CHIPOTLE

Pizza

ALL SERVED ON SOURDOUGH FLATBREADS

RUSTIC CLASSIC (V) £12.95

CLASSIC MARGHERITA

THE HOT SHOT £13.95

HAM, PEPPERONI, CHILLI BEEF, MOZZARELLA, FRESH CHILLI

THE AMERICAN £13.95

DOUBLE PEPPERONI AND MOZZARELLA

GARDEN CLUB PIZZA (V) £12.95

RED ONION, PEPPER AND MUSHROOM

SIDES

SEASONED FRIES £4.00

TRIPLE COOKED CHIPS £4.50

CURLY FRIES £4.50

SALT AND PEPPER TRIPLE COOKED CHIPS £5.95

DRESSED SALAD £4.00

LOADED FRIES £6.00

CHOOSE FROM THE BELOW

HOUSE CAJUN SAUCE WITH MELTED MOZZARELLA

MELTED MOZZARELLA, GARLIC MAYO AND SPRING ONION

MELTED MOZZARELLA WITH CHIPOTLE AND JALAPENOS

SOMETHING FOR LUNCH

SERVED 12 - 2:30PM

ALL SERVED WITH SKIN ON FRIES & MIXED SALAD

COLD BAGUETTES/WRAPPS

SWEET CHILLI CHICKEN £10.95

WITH SHREDDED BABY GEM LETTUCE

CHEESE SAVOURY(V) £10.50

CHEDDAR, MAYONAISE, MIXED PEPPER, CUCUMBER,
SHREDDED BABY GEM

PRAWN MARIE ROSE £11.95

WITH SHREDDED BABY GEM LETTUCE

HOT BAGUETTES

CREAMY CAJUN CHICKEN £10.95

HAM & CHEESE MELT £10.95

SOUTHERN FRIED CHICKEN £11.50

WITH BBQ SAUCE & MELTED MOZZARELLA

ALSO AVAILABLE AS A HOT WRAP

FALAFEL £10.95 (VE)

WITH PEPPERS & VEGAN MAYO

ADD A CUP OF SOUP TO ANY
WRAP OR BAGUETTE FOR £2.50

DESSERTS

Traditional Desserts

HONEYCOMBE GOLDEN NUGGET CHEESECAKE £6.95
CHOCOLATE & GOLDEN HONEYCOMBE SHARDS, BISCUIT BASE

LEMON MERINGUE PIE £6.95

CITRUS WHIPPED CREAM, LEMON ZEST

WARM CHOCOLATE BROWNIE £6.95

VANILLA ICE CREAM, CHOCOLATE SAUCE

WARM APPLE CRUMBLE £6.95

WITH WARM CUSTARD (VE OPTION AVAILABLE)

LOADED Waffles

**HOT BELGIUM STYLE WAFFLES SERVED
WITH VANILLA ICE CREAM AND YOUR
CHOICE OF TOPPING:**

ORIGINAL MAPLE SYRUP £6.95

KINDER BUENO £7.95

HONEYCOMB CRUNCH £7.95

BISCOFF £7.95

ICE CREAM SUNDAES

**LOADED SUNDAE WITH YOUR CHOICE OF
TOPPINGS:**

KINDER BUENO £7.95

BISCOFF £7.95

OREO £7.95



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