



# The Sun Inn

Ulverston

## Nibbles

### Breads, House Marinated Olives & Oils £7 ✓

**Chilli Cheese Bites £6 ✓**  
Coriander & lime mayo

**Honey Mustard BBQ Chicken Wings £8**  
Toasted sesame seeds

**Crispy Whitebait £6**  
Lemon & roasted garlic aioli

**Tempura King Prawns £7**  
Chilli, lime & ginger dip

**Cauliflower Bites £6 ✓**  
Red pepper houmous

## Starters

**Soup of The Day £6 ✓**  
Crusty bread, whipped butter

**Pulled Pork & Apple Croquettes £7**  
Celeriac slaw, homemade brown sauce

**Duck Liver Parfait £8**  
Cumberland jelly, Westmorland chutney, toasted brioché

**Salt Baked Heritage Beetroot £7 ✓**  
Nut granola, multi seed crackers, goats curd, port reduction

**Cartmel Valley Smoked Salmon £8**  
Cucumber and shallot jam, granary crackers, homemade salad cream, pickled fennel

## Mains

**Garlic & Rosemary Marinated Rump Of Lamb £18**  
Butter crushed potato, asparagus, confit tomato, goats curd, fennel, lamb sauce

**Maple Cured Bacon Sirloin £16**  
Pineapple relish, fried duck egg, cider caramel, hand cut chips, milk onion rings, watercress & bacon crumb salad

**Chicken, Ham & Leek Pie £15**  
Pommery mash, buttered spring greens

**Lakeland Brewhouse Beer Battered Haddock £14**  
Hand cut chips, mushy peas, tartar sauce

**Asparagus & Spinach Ravioli £13 ✓**  
Wild garlic butter, asparagus, pea, wild garlic crisps, feta, toasted pine nuts

**Shin of Beef & Lakeland Brewhouse Turbine Porter Ale Pie £15**  
Handcut chips, wilted spring greens, natural pan gravy

**28day Aged 8oz Sirloin Steak £27**  
Confit tomato, field mushrooms, peppered green beans, hand cut chips, butter milk onion rings, watercress

**Curry Of The Day £14 ✓**  
Flat breads, jasmine rice, dips

## Burgers

### Sun Inn Burger £15

Two 4oz ounce patties, streaky bacon, Monterey Jack cheese, gem lettuce, beef tomato, pickles, house relish, shoestring fries, butter milk onion rings

**Crispy Jerk Chicken Burger £14**  
Pickled slaw, sweet onion jam, lemon aioli, Old Amsterdam cheese, shoestring Fries

**Moving Mountain Vegan Burger £13 ✓**  
"Sheese", pickled slaw, gem lettuce, beef tomato, roasted garlic mayo, shoestring fries

## Sub Rolls & Ciabattas

12pm -3pm Monday - Friday 12pm-5pm Saturday/Sunday

Choose from either a soft sub roll or rustic ciabatta

**Roast Topside of Beef £9**  
Sauerkraut, mustard mayo, salsa verde, rocket, crispy onions

**Fire Roasted Peppers £8 ✓**  
Sweet cherry tomatoes, green dressing, rucola, pickled radishes, shallots

**Cartmel Valley Smoked Salmon £9**  
Pickled cucumber, celeriac remoulade, crispy capers

**Hot Roast Pork, Ham Hock £10**  
Swiss cheese, mustard, pickles

**Hot Crispy Chicken £12**  
Old Amsterdam cheese, broccoli rabe, pickled long hots, parmesan

## Sides

**Hand Cut Chips £5**  
Upgrade to truffle & parmesan chips for £1

**Shoestring Fries £4**  
Upgrade to truffle & parmesan fries for £1

**Spring Greens £4**

**Butter Mash £4**

**Onion Rings £4**

**Salad Bowl £3**

**Peppercorn Sauce £3**

**Black Dub Blue Cheese Sauce £3**

## Sunday Lunch

Available from 12pm Sunday

Please ask a member of staff for more details.

✓ Vegetarian ✓ Vegan

Please inform your server of any special dietary requirements or food allergies you may have. Whilst every effort is made to adhere to all dietary needs, our freshly made dishes are prepared in areas where allergenic ingredients are present so we cannot guarantee that our dishes are 100% free of these ingredients e.g. Nuts, Shellfish, Gluten etc.



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[www.lakeland-inns.co.uk](http://www.lakeland-inns.co.uk)